



## High Protein Banana Chocolate Chip Cookies

**Yield: 18 Cookies**

**Cost Per Serving: N/A**

**Cook Time: 7-8 minutes**

### Ingredients:

- 1 large banana, mashed
- 1 (5.3 oz) Oikos Triple Zero Vanilla Greek Yogurt
- 1 tsp vanilla
- 1 egg
- 1 cup oat flour
- ¼ tsp salt
- 1 tsp baking powder
- ½ cup dark chocolate chips

### Directions:

1. Preheat oven to 400° F and line a cookie sheet with parchment paper.
2. In a large bowl, combine banana, Greek yogurt, and vanilla; mix well.
3. Whisk egg in a medium bowl, then add to liquid ingredients.
4. Fold in the dry (everything but chocolate chips) and mix well.
5. Add chocolate chips and mix until distributed.
6. Scoop dough by the Tbsp on the lined cookie sheet and bake for 7-8 minutes until the edges are light brown.
7. Serve warm or cool.

Recipe adapted from: "The Mind Diet" Book by Maggie Moon, MS, RD