



## Four Bean Salad

**Yield: 6 Servings**

**Cost Per Serving: N/A**

**Cook Time: 12 minutes**

### Ingredients:

- 1 15oz can kidney beans (drained and rinsed)
- 1 15oz can garbanzo beans (drained and rinsed)
- 1 15oz can wax beans
- 1 15oz can black beans (drained and rinsed)
- 1 15oz can green beans (drained and rinsed)
- ¼ cup red onion (thinly sliced)
- 1/3 cup apple cider vinegar
- 2 Tbsp sugar (or sugar replacement\*)
- ¼ cup olive oil
- Pinch of pepper

\*Check sugar replacement ratio

### Directions:

1. Place kidney beans, garbanzo beans, black beans, green beans and red onion in a large bowl.
2. In a small bowl, whisk together the apple cider vinegar, sugar or sugar replacement, olive oil, and pepper.
3. Pour the dressing over the beans and toss to coat. Cover the bowl and refrigerate for 2 hours.