



Black Bean and Corn Salad

Yield: 12 servings

Cost Per Serving: N/A

Cook Time: 15 minutes

Ingredients:

- ½ cup fresh cilantro (chopped)
- 1 red bell pepper (finely diced)
- 1 (29oz) can black beans (rinsed and drained)
- 3 Tbsp olive oil
- ¼ tsp garlic powder
- ¼ tsp cayenne pepper (optional)
- ½ cup red onion (finely diced)
- 2 cups frozen corn (thawed)
- 2 limes (juiced)
- ½ tsp cumin
- ¼ tsp black pepper

Directions:

1. In a medium bowl, combine beans, corn, red pepper, red onion and cilantro.
2. In a small bowl, whisk together remaining ingredients and pour over bean salad. Toss to coat.

Recipe adapted from: American Diabetes Association