



# Stroke Survivors & Caregivers Support Group

**WHEN:** Fourth Tuesday of the Month

**TIME:** 1 to 2 p.m.

**WHERE:** Westmoreland Hospital  
Conference Room A

(Please call to confirm before making plans to attend.)

## Information/Registration

For more information or to register for the support group, please contact Joshua Adams, RN, Stroke Coordinator, at 724-532-6051 or [joshua.adams@independence.health](mailto:joshua.adams@independence.health).

[www.Independence.Health](http://www.Independence.Health)

Life after stroke can be challenging. Join us for education, resources and support. Stroke survivors and loved ones welcome.

## 2026 Dates

- January 27
- February 24
- March 24
- April 28
- May 26
- June 23
- July 28
- August 25
- September 22
- October 27
- November 24
- December 22