



COPING WITH LOSS

2025 Fall-Winter Bereavement Support Groups

Life can feel overwhelming after the loss of a loved one. For many, it is a time of feeling alone and powerless. In a safe and supportive environment, our Bereavement Counselors invite you to share your stories with others who grieve.

Grief Support Groups

Thursdays | August 14 to September 18

Ligonier Valley Library | 2 to 3 p.m.

120 W. Main Street, Ligonier

To register, call 724-516-8605

Tuesdays | September 2 to October 7

The Square at Norwin | 6 to 7 p.m.

8775 Norwin Avenue, North Huntingdon

To register, call 724-516-2338

Tuesdays | September 16 to October 14

Trinity Lutheran Church | 6 to 7:30 p.m.

331 Weldon Street, Latrobe

To register, call 724-516-8605

Mondays | September 22 to October 27

Trinity Lutheran Church | 2 to 3 p.m.

331 Weldon Street, Latrobe

To register, call 724-516-8605

Tuesdays | October 7 to November 18

Blessed Sacrament Cathedral | 2 to 3 p.m.

Formation Center

300 North Main Street, Greensburg

To register, call Katie, 724-834-3710 ext. 10

Thursdays | October 16 to November 20

St. John's School | 2 to 3 p.m.

416 Broadway Street, Scottsdale

To register, call 724-516-2338

Tuesdays | October 28 to November 25

Trinity Lutheran Church | 6 to 7:30 p.m.

331 Weldon Street, Latrobe

To register, call 724-516-8605



Grief and the Holidays Workshop

Saturday, November 8 | 2 to 4 p.m.

Trinity Lutheran Church

331 Weldon Street, Latrobe

To register, call 724-516-8605

Saturday, December 6 | 2 to 4 p.m.

Blessed Sacrament Cathedral

Formation Center

300 North Main Street

To register, call 724-516-2338

Children's Grief Awareness Day

(For Children and their families)

Thursday, November 20

Latrobe Art Center

819 Ligonier Street, Latrobe

To register, call 724-516-8605

Spiritual Grief Support Group

Let's talk about how the presence (or absence) of Spirituality in your life has impacted your grief journey. Please call Pastor Kevin Giddings at 724-600-6360 for more information.

Virtual Support Groups

For information, please call 724-516-8605.