



# Stroke Survivors & Caregivers Support Group

**WHEN:** Fourth Tuesday of the Month

**TIME:** 6 to 7 p.m.

**WHERE:** Westmoreland Hospital  
Conference Rooms A and B  
or VIRTUAL

(Please call to confirm before making plans to attend.)

## Information/Registration

For more information or to register for the support group, please contact Joshua Adams, RN, Stroke Coordinator, at 724-532-6051 or [joshua.adams@independence.health](mailto:joshua.adams@independence.health).

[www.Independence.Health](http://www.Independence.Health)

Life after stroke can be challenging. Join us for education, resources and support. Stroke survivors and loved ones welcome.

## 2025 Dates

- January 28
- February 25
- March 25
- April 22
- May 27
- June 24
- July 22
- August 26
- September 23
- October 28
- November 25
- December 23